

DRINKING THE REHYDRATION SOLUTION

MIX:

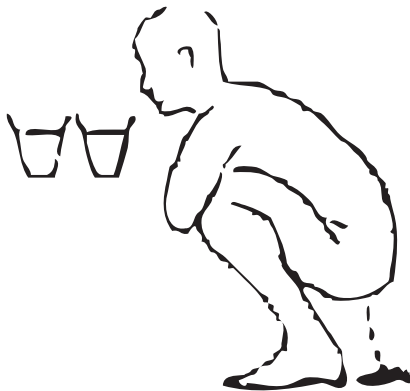
1 LITER CLEAN WATER

6 TEASPOONS SUGAR

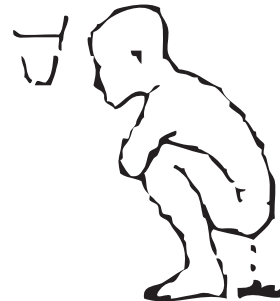
1/2 TEASPOON SALT



Drink the sugar, salt and water slowly.



MEN AND WOMEN must drink 2 glasses after every diarrhea stool.



CHILDREN must drink 1 glass after every diarrhea stool.

More info: waterwellsforafrica.org or breakwaterfamily.com/missions/africa-outreach

