

HAND WASHING



WHEN TO WASH YOUR HANDS

Before, during, and after preparing food

Before eating food

Before and after caring for a sick person

Before and after treating a cut or wound

After using the toilet

After changing diapers

After cleaning a child who has used the toilet

After blowing your nose, coughing, or sneezing

After touching an animal

After touching animal waste

After touching garbage



More info: waterwellsforafrica.org
or breakwaterfamily.com/missions/africa-outreach